

FOCAL SUPPORT



FOCAL Support works with individuals who have a disability and their families.

Our aim is to provide a quality service that is flexible to meet the needs of individual families; that provides the security that is essential to well-being; and offers the opportunity for the family member to grow and develop as a valued member of the community.

Family Respite Care

Focal provides respite services to eligible carers of dependants who have a disability. This 'one on one' care can be provided in your own home, while accessing community facilities or at Focal's premises.

Care can be used for family members to develop social networks, have some time away, or to enable family members to participate in community activities.

Focal will work closely with the family and the person receiving care to provide a service that is most beneficial to them.

Family Respite Care is about giving families the support they need, when they need it most. To check your eligibility contact Deirdre on 3812-2014



TYPES OF SUPPORT WE CAN OFFER?

SOME EXAMPLES

- I *Family Respite Service: take time out to re-charge your batteries; dinner; movies; sleep; visit; appointments; catch up*
- II *Youth development activities: clubs, community activities...*
- III *Recreation: bowling, football, swimming, netball, crafts, library access, computer games, parks, clubs, movies, shops*
- IV *Volunteer Work: gardening; caring for animals; library; lending a hand*
- V *Travel Training: planning routes and type of transport available; use buses, trains; become familiar with time-tables, stations, bus stops*
- VI *Life-skills Training: cooking, planning meals, shopping, personal grooming, integrating with the larger community; self-esteem*

OTHER SERVICES OF FOCAL EXTENDED INC.



Vacation Care Programme

Vacation care is run during the school holidays from Ipswich Special School.

Eligible children are those with a disability aged between 5 years and 18 years and non-disabled children between the ages of 5 and 15 years.



Community Awareness

Focal gives support as needed to people with disabilities living in the community. We also strive to educate the community and make them more aware of the needs of people with disabilities.

Information

Information is available regarding services and assistance for disabled persons, their families and carers



OTHER SERVICES CONT:

Post School Services & Lifestyle Support:

These programmes are designed to enhance Community Access, Life Skills and Vocational Training opportunities for individual in receipt of DSQ support. At Focal a programme is developed with the person and the family to achieve goals towards personal development, social integration, independent living and employment.

Independent Pathways Programme

A developmental programme for young people 18-35 yrs who do not receive more than 5 hours support from other services. The group programme is designed to assist individuals to develop skills and independence over a 2 year period.

Brokerage Service

Focal can be contracted to provide support services to families on behalf of other agencies.

Our Story

In February, 1974 the inaugural Meeting of the Friends of Challinor Aid League (F.O.C.A.L) was held in Ipswich. This group formed to provide support to those living in the Challinor Centre. As needs changed, and individuals and their families needed support with community living, Focal took on a wider role and was renamed FOCAL EXTENDED INC.

Today Focal is a provider of community support for people with a disability within the Ipswich Region. As outlined, Focal provides direct personal care, respite, community access and a range of programmes and activities to suit the individuals that access the service.

CONTACT US AND DISCUSS THE SERVICES THAT WE OFFER:

Service Coordinator: Deirdre Lowe

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FUNDING SUPPORT RECEIVED FROM DEPT OF COMMUNITIES
AND DISABILITY SERVICES QUEENSLAND

Shared Docs: Respite Brochure July 2007

**FOCAL
EXTENDED
INC.**



FOCAL supports people with a disability, their families and carers within the Ipswich Region .

RESPITE: JULY 2007