

TYPES OF SUPPORT WE CAN OFFER?

- *Life-skills Training: cooking, planning meals, shopping, personal grooming, integrating with the larger community; self-esteem*
- *Travel Training: planning routes and type of transport available; use buses, trains; become familiar with time-tables, stations, bus stops*
- *TAFE College: Personal Development; Home Skills; Music; Therapy; Literacy; Numeracy; Pet Care*
- *Recreation: golf, books, football, swimming, netball, crafts, library access, computer games, parks, clubs, movies, shops*
- *Volunteer Work and Youth Development Activities: 'Meals on Wheels'; gardening; caring for animals; retail; lending a hand*

Post School Support

OTHER SUPPORT WE OFFER SCHOOL LEAVERS?

*Focal Extended Inc also provides the **Independent Pathways Programme**—this is a developmental programme for young people 18-35 yrs who receive less than 5 hours support from other services. The group programme is designed to assist individuals with a disability to develop skills and independence over a 2 year period. For details contact Brian McKeown - Independent Pathways Coordinator*

FOCAL EXTENDED INC

6 CANNING ST
NORTH IPSWICH QLD 4305

PHONE: 3812 2014
FAX: 3812 2023



OFFICE HOURS MON– FRI 9.00AM–4.00PM

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PH: 3812 2014

ABN 67 343 639 607

August 2007

What does Focal Extended Inc do?

FOCAL EXTENDED INC supports individuals who have a disability, their families and carers. Our aim is to provide a quality service that:

- ✓ is flexible to meet the needs of individual families;
- ✓ provides the security that is essential to well-being
- ✓ and offers the opportunity for the family member to grow and develop as a valued member of the community.

FOCAL formed in Ipswich over 30 years ago in February, 1974 as the **Friends of Challinor Aid League (F.O.C.A.L)**. It was formed by the general community to provide support to the people living in the Challinor Centre who either had no family or had family who could not get to see them. Later FOCAL took on a wider role to support individuals and their families living in the community and was renamed **FOCAL EXTENDED INC** to reflect this.

FOCAL supports people with a disability by providing:

- community access;
- direct personal care;
- programmes and activities tailored to suit the individuals that access the services

FOCAL supports families and carers by providing;

- Community based respite care to funded families;
- Regular Vacation Care programs during the school holidays for children aged 5 to 18 years;
- Information and support material

Post School Support—DSQ Individually Funded

Criteria for service?

FOCAL Extended Inc. provides post school support to young people who have received individual funding packages from Disability Services Queensland and who live within the wider Ipswich Region.

How do I register?

- ⇒ Call Focal's office on 3812 2014 and ask to speak to Deirdre Lowe (the Service Co-ordinator)
- ⇒ An appointment will be made for her to come and visit with you to discuss your particular needs and Focal's services.
- ⇒ Total confidentiality is assured.

What can I expect?

Post School Support Programmes are designed to enhance Community Access, Life Skills and Vocational Training Opportunities of the young person. At Focal a programme is developed with the person and the family to achieve goals towards personal development, social integration, independent living and employment.

In developing a programme the individual's strengths and preferred activities are respected. We utilise local education activities, sporting and recreation venues, libraries and community organisations. In addition our premises offer computer resources, cooking, craft and woodwork programmes and opportunities to socialise or garden.