

*Focal's role is to provide care while you recharge your batteries: go out to dinner, the movies, appointments, shopping or just sleep .....*

**TYPES OF SUPPORT WE CAN OFFER?**

- 1) support with active recreation: bowling, football, swimming.....*
- 2) access to community activities: library access, computer games, parks, clubs, movies, shops....*
- 3) home based activities: cooking, planning meals, personal grooming, craft .....*

**FOCAL EXTENDED INC**

**6 CANNING ST  
NORTH IPSWICH QLD 4305**

**PHONE: 3812 2014  
FAX: 3812 2023  
WWW.FOCAL.ORG.AU**

**Ageing Carers  
Respite Support**



**OFFICE HOURS MON- FRI 9.00AM-4.00PM**

**6 CANNING ST  
NORTH IPSWICH QLD 4305  
PH: 3812 2014**

**ABN 67 343 639 607**

**August 2007**

## What does Focal Extended Inc do?

**FOCAL EXTENDED INC** supports individuals who have a disability, their families and carers. Our aim is to provide a quality service that:

- ✓ is flexible to meet the needs of individual families;
- ✓ provides the security that is essential to well-being
- ✓ and offers the opportunity for the family member to grow and develop as a valued member of the community.

FOCAL formed in Ipswich over 30 years ago in February, 1974 as the **Friends of Challinor Aid League (F.O.C.A.L)**. It was formed by the general community to provide support to the people living in the Challinor Centre who either had no family or had family who could not get to see them. Later FOCAL took on a wider role to support individuals and their families living in the community and was renamed **FOCAL EXTENDED INC** to reflect this.

FOCAL supports people with a disability by providing:

- community access;
- direct personal care;
- programmes and activities tailored to suit the individuals that access the services

FOCAL supports families and carers by providing;

- Community based respite care to funded families;
- Regular Vacation Care programs during the school holidays for children aged 5 to 18 years;
- Information and support material

## Ageing Carer Respite

FOCAL Extended Inc. has been funded by Disability Services Queensland to provide respite support to ageing carers of people with a disability in our community.

Eligible carers are able to register with Focal directly and a program of care will be determined that best meets the needs of the family and falls within the guidelines of the funding.

### **Who is eligible?**

- ⇒ People over the age of 65yrs (or 55 years if an indigenous carer) and who are caring for a dependent who has a disability.
- ⇒ The ageing carer must be the primary carer for that person.

### **Criteria for service?**

- ⇒ Service will be determined by the needs of the primary carer. This could be a medical condition, a family situation, a regular medical appointment, or the lack of other supports.

### **How do I register?**

- ⇒ Call Focal's office on 3812 2014 and ask to speak to Deirdre Lowe (the service co-ordinator)
- ⇒ An appointment will be made for her to come and visit with you to discuss your particular situation.
- ⇒ Total confidentiality is assured as we will have to ask some personal questions to determine what your true needs are.

### **What can I expect?**

- ⇒ A minimum of 2 hours per fortnight or as needed.

### **How long is the support available for?**

- ⇒ At this stage funding for this project will end March 2008